Dardistan are of the meanest description—the occupa- 342
Gilgit in which I slept one night while the Sepoys were bury-
ing two or three yards away from me, those who were killed
by the so-called rebels, being almost as miserable a contribu-
tion as the rest. The inner part of the house is generally
divided from the outer by a beam which goes right across.
My vocabulary will show all the implements, metal-work, etc., used
in building, etc. Water mills and windmills are to be found [343]

Cradles were an unknown commodity till lately. I have
already referred to the wine and vessels connected in 344
the mountain, and which provided the Dards with food
during the war in 1888, whilst the invading Kashmir troops
around them were starving. Beds (which were unknown 345
till lately) are declared constructions under variable in
fact, they are now declared double-beds. There is no 346
permanent cooking as far as stones are placed in order to
show where there are no coals. The room has a fire- 354
place, which in Asmar (where it is used for the reception of
live coals) is in the middle of the room. The conservancy 355
arrangements are on the slope of the hills close to the
villages, in front of which are fields of Indian corn, etc.

3. DIVISIONS OF THE DARD RACE

The name of Dardistan (a hybrid between the 'Dards' of 356
Sanscrit writings and a Persian termination) seems now to be 357
generally accepted. I include in it all the countries lying
between the Hindu Kush and Kaghan (lat. 37° N. and long.
73° E. to lat. 35° N., long. 74° 30' E.). In a restricted sense
the Dards are the race inhabiting the mountainous country of
Shinaki, detailed further on, but I include under that desig-
nation not only the Chilâsis, Astoris, Gilgitis, Darelis, etc.,
but also the people of Hunza, Nagar, Yasin, Chitral and
Kafiristan.* As in the case with uncivilized races generally, 358
the Dards have no name in common, but call each Dard

* Since writing the above I have discovered that the people of Kandia
—an unimportant race and country lying between Asmar and the Indus—
are Dards and speak a Dialect of Shina, of which specimens are given else-
where in the "Races of the Hindukush." (See Appendix IV.) The tribe
living on the left bank of the Kandia river is called by its neighbours "Dard,"